Zany, Brainy Bee Quiz

- 1. How many types of bees are there in a typical hive?
- 2. "If the bee disappeared off the surface of the globe, then man would only have four years left to live" is attributed to what famous scientist?
- 3. How many miles must a colony of bees fly to make 1 pound of honey?
- 4. How many flowers must a bee visit to make 1 pound of honey?
- 5. How much honey would a bee need to fly around the world?
- 6. Which bee lives the longest in the hive?
- 7. What type of honey bee can't sting?
- 8. How fast does a honey bee fly?
- 9. Who called honey bees "white man's flies"?

Answers: 2 Three, the queen, worker & drone 2 Albert Einstein 3 Over 55,000 miles 4 Two million. 5 Z tablespoons. 6. The queen. 7 A drone. 8 Approximately. 15 mph. 9 Native Americans.

Banana Smoothie:

Ingredients:

1-1/2 cups milk
2 medium ripe bananas
1 cup plain or vanilla yogurt
1/4 cup honey
1 teaspoon vanilla
1/2 teaspoon ground cinnamon
Dash nutmeg
5 ice cubes

Directions:

In a blender, combine all ingredients except ice cubes and blend until smooth. Add up to 5 ice cubes, one at a time, and blend until smooth.

Facial Toner:

Ingredients:

1 Tablespoon honey1 apple, peeled and cored

Directions:

In blender, puree honey with a peeled, cored apple. Smooth over face; leave on 15 minutes. Rinse with cool water.



For more fun recipes visit the National Honey Board at: www.honey.com